

## Special Lecture on 'Goal Setting'

Resource Person : Tmt. A. Sumathy

Associate Vice President – Projects Sterlite Industries

Thoothukudi.

A guest lecture on 'Goal Setting' was organised by VOC – WCC on 26.09.2017 at Golden Jubilee Hall.



## Special Lecture on 'Cyber Crime'

Resource Person : Tmty R. VijayaAnitha  
Sub-Inspector of Police  
District Crime Branch  
Thoothukudi.

A Special lecture on 'Cyber Crime' was organised by VOC – WCC on 17.10.2007 at Diamond Jubilee Hall.



## **Special Lecture on ‘Creation of Awareness on the Ill-Effects of Corruption**

Speakers : 1. Thiru. P. Narayanan  
Vigilance Officer (Rtd) BSNL  
Tirunelveli.  
2. Thiru. T. Rajakumar  
DSP, Vigilance and Anti-Corruption  
Thoothukudi.

A Special lecture on ‘Creation of Awareness on the Ill-Effects of Corruption’ was organised by VOC – WCC on 30.10.2007 as part of the Anti-Corruption Week Awareness Programme.

## Special Lecture on “Menopause – Symptoms & Effects – A Challenge”

Resource Person : Dr. D. Radhika

Associate Professor

V.O.Chidambaram College

Thoothukudi.

The Women Counselling Cell of V.O.Chidambaram College had organised a Special lecture on “Menopause – Symptoms & Effects” on 27.12.2017



**Yoga and Meditation for the teaching faculty (WOMEN)**

Yoga Instructor : Mrs. S. Dhanalakshmi

Shine Yoga Centre

New Colony

Thoothukudi

The Women Counselling Cell of V.O.Chidambaram College had organised A Three Day

Yoga and Meditation classes from 29.01.2018 to 31.08.2018.

## Women's Day Celebration & WCC Logo Launch

Chief Guest : Ms. Irom Sharmila

Iron Lady

Civil Rights Activist

As part of the Women's Day celebrations various competitions were conducted on 07.03.2018 and a WCC LOGO also was launched on 08.03.2018 by Ms. Irom Sharmila, Iron Lady, Civil Rights Activist.



### **Add on Course for Female Students**

The Women Counselling Cell of V.O.Chidambaram College had organised 'Add On Course' for 10 days [3 hours per day] from \_\_\_\_\_ to \_\_\_\_\_ on 'Basic Tailoring', 'Beautician Course', 'Aari Work', 'Hand Embroidary', 'Jewel Making', 'Toy Making', 'Waste Cloth Decoration', and 'Sanitary Napkin Making' in association with ShriBagampriyal Educational Trust. The target trainers were the female student community of the college.

## **A Special Lecture on ‘Awareness on Sexual Harassment’**

Speaker : Tmt. Muthulakshmi  
Sub-Inspector of Police  
South Police Station  
Thoothukudi

A special Lecture on ‘Awareness on Sexual Harassment’ was organised by the Women’s Counselling Cell of V.O.Chidambaram College on 07.02.2019. Tmt.Muthulakshmi, Sub-Inspector gave inputs on Sexual Harassments.





## Women's Day – Competitions

As part of the Women's Day celebration various competitions were conducted for the female student community of V.O.Chidambaram College by the Women Counselling Cell on 19.02.2019.



## Women's Day Celebration

Speaker : Ms. Deepa Athreya  
Founder & CEO  
School of Success  
Chennai.

The Women Counselling Cell of V.O.Chidambaram College celebrated Women's Day on 08.03.2019. The Chief Guest Ms. Deepa Athreya, Founder and CEO School of Success, Chennai spoke on the topic 'Arise and Awake'.



## A Special Lecture on 'Health and Hygiene for Teenagers'

Speaker : Dr. S. Rajeswari  
Senior Assistant Professor (M.D)  
Department of O & G  
Thoothukudi Medical College  
Thoothukudi

The Women Counselling Cell of V.O.Chidambaram College organised a special lecture on Health and Hygiene for Teenagers on 14.08.2019. Dr. S. Rajeswari, Senior Assistant Professor, Department of O & G gave inputs on the importance of hygiene in maintaining good health for teenagers.

